Compiled by Tafe Student Scott McPhail
Last updated November 2011

Emergency Relief Services

Port Macquarie Neighbourhood Centre

Cnr Muston & Dodds Street
6583 8044 or 65841914

pmncinfo@midcoast.com.au
www.pmncinfo.org.au

ACCOMMODATION/HOUSING SERVICES

Housing NSW	6582 9222 2/143a Horton St	Housing solutions, Rentstart, Temporary Accommodation
Community Housing Limited	3/66 Lord St 6583 6717	Affordable community housing.
Christo House Youth Refuge	6584 9666	Crisis accommodation for 16-18yo. Housing support for 14-25yo.
Housing Temporary Accommodation Line	1800 152 152	After hours assistance with emergency accommodation.
Hastings Women and Children's Refuge	6583 2155	Crisis Accommodation for woman and children escaping domestic violence.
Hastings Macleay Housing Support	6583 8044	Crisis accommodation information, referral and advocacy.
McCosker House	6584 2630	Crisis accommodation refuge for woman, men and families
Mid Coast Tenants Advice Service	6583 9868 1800 777 722	Advice & assistance to all tenants.
Youth Housing Support	6584 4561 3/66 Lord St	Housing support for 16-25yo
Youth Emergency Accommodation Line	(YEAL) 1800 424 830	

COUNSELLING SERVICES

Hastings Macleay Drug & Alcohol	1300 662 263	Community Health intake line 8.30am - 4.45pm
Interrelate Family Services	6584 9293	Personal & family counselling. Various programs
Mission Australia Gambling Counselling Service	Clifton Dr 1800 888 868	Free counselling service for problem gamblers, family and friends.
Mission Australia Mental Health	7/11 Clifton Dr 6583 7226	Outreach support for people with mental health issues.
Mental Health Access Line	1300 369 968	24/7 intake line

PMNC SERVICES & PROGRAMS

PMNC web site	www.pmncinfo.org.au
Tax Help	Free service to complete & lodge yearly personal tax returns.
EAPA Vouchers	Vouchers to assist with paying electricity.
Hastings Macleay Housing Support Service	Assist homeless or those at risk of homelessness to access accommodation.
Legal Aid Family Law & Child Support	Free appointment with Legal Aid solicitor
Traffic Offenders Program	Re-education program for drink driving and traffic offenders.
Mid Coast Tenants Advice & Advocacy Service (TAS)	Information & advocacy to private and public housing tenants and caravan park residents. Gloucester to Woolgoolga
OOSH	Before & After School Care & Vacation Care
Port Macquarie Volunteer Centre	Provides training, assistance & referral for volunteers to 100 local not-for –profit volunteer organisation.
Toy Library	Provision of toys & education resources for children 0-5
Wauchope Neighbourhood Centre	Services provided to Wauchope & outlying areas.

OP SHOPS

Life line	122 Gordon St 6584 0200	M-F 9am 4.45pm Sat 9am-12pm
Hope Shop Mid Coast Care	3 Milton Circuit 6581 3303	M-F 8am-4pm Sat 9am 12pm
RSPCA	3/15 Short St 6584 6329	M-F 9am-4pm Sat 9am-12pm
Royal Far West	Hayward St 6583 7659	M-F am-4pm Sat 9am-12pm
Salvation Army	183 Lake Rd 6581 3776	M-F 9am-4.30pm
St Vincent de Paul	Gordon St PMQ 6584 1168	M-F 9am-4pm
The Smith Family	Shop 9 Galleria Building 6583 4230	M-F 9am-4.45pm Sat 9.30am-12.15pm
Willing & Able	39 Jindalee Rd 6581 0939	M-F 8.30am-3.30pm

EMERGENCY RELIEF SERVICES

4 Life care	6584 2951	By appointment only. Assistance with food packages. Pension card or health care card necessary. Joining fee applies.
Mid Coast Care	3 Milton Circuit 6581 3303	Op shop, food vouchers, furniture ,clothing, emergency relief.
Port Macquarie Neighbourhood Centre	6583 8044 or 6584 1914	EAPA vouchers. Appointment required.
People Builders	Suite 1/1 Bay St 6583 2566	Counselling services, emergency relief, local community support.
Salvation Army	110 Lord St 6583 7604 Welfare (6583 7444) Tues-Fri 10am-11am	Food, EAPA, phone (landline only), furniture. Appt. required. Centrelink income statement required.
St Vincent De Paul	20 Table St 6584 1168	By Appointment
Uniting Church	6583 2057 Horton St operating from the rear of Wesley & Chappell church near (KFC)	Food vouchers, EAPA, furniture. Centrelink income statement required. M-F 9.30am-11.00 am
Wauchope Neighbourhood Centre	3 Waugh St 6586 4055	Food, petrol vouchers, EAPA Mon-Tue –Wed 10am –1pm

FINANCIAL COUNSELLING SERVICES

Centacare	Suite 7 Bourne House Short St 6581 6800	Appt. required
Port Macquarie Neighbourhood Centre	6583 8044 Cnr Muston & Dodds Street	Every fortnight. Appt. required.
Wauchope Neighbourhood Centre	6586 4055 3 Waugh Street	Every fortnight Appt. required.

LEGAL SERVICES

Community Legal Centre	6580 2111	Info & Phone assistance with any legal issue Appt. required
Law Access N.S.W	1300 888 529	Phone info service provides legal info, advice & referral.
Legal Aid Civil Law & Bankruptcy	1300 888 529	Free legal advice & assistance for civil law & bankruptcy. Appts. held in Taree
Legal Aid Family Law & Child Support	1800 451 784	Free appt. with a LA Solicitor. Appts held at P.M Neighbourhood Centre. Appt. required.
Wauchope Neighbourhood Centre Free Legal Advice Service	6586 4055	Free 30 min appt. with a local solicitor. Appt. required.
Woman's Domestic Violence court Advocacy service	6584 0053 Port Macquarie	Provides support & advocacy for woman.

LOCAL COMMUNITY SUPPORT

Alcoholics Anonymous	6582 3562	Fellowship & support for men & woman
Community Health Centre	6588 2882	Information & direct service provisions from health professionals
Mental Health Line	1800 011 511	24/7 mental health connection & referral service
NILS (No Interest Loan Scheme)	6584 3200	No interest loans for whitegoods
The Men's Shed	Unit 5/25 Central Rd 6581 4421	Meeting place & support for men. Tues, Wed, Thur 9am –3pm
EACH Reconnect (Family Mediation)	Shop 10 150 Gordon St 6584 5028	Provides community support services for individuals and families in the Port Macquarie area.

SOUP KITCHENS

St Thomos Soup Kitchen	St Thomas Anglican Church Hall, Cnr Murray & William Sts. Wednesday 12pm-1.15pm Phone 6584 1033
St Agnes Soup Kitchen	Catholic Men's Club (up from KFC) Monday 11am-1.15pm Phone 6583 1024
Family BBQ	Kooloonbung Creek, Gordon St Friday's 4.45 pm Community BBQ.