

# COMMUNITY HEALTH

		PHONE	FAX	EMAIL/WEB	DETAILS
HIV/AIDS Education & Info		6562 6066 6582 2750			Information prevention education and support groups. Service includes a needle syringe exchange program.
Community Health Centre	Camden Haven	6559 9003			
Community Health Centre	Port Macquarie	6588 2882			
Community Health Centre	Wauchope	6585 1133			At Community Health Clinics - phone nearest Community Health Centre for more information or contact your local GP.
Methadone Program		6586 6030			Info assessment & maintenance on methadone.
Booroogen Djugun Aboriginal - Aged Care	Morton Street	6562 8282			Aboriginal frail aged and younger disabled people living in the Hastings Taree Gloucester Nambucca & Kempsey.
MNC Area Health Service (Community Health)	Camden Haven	6559 9003			
MNC Area Health Service (Community Health)	Kempsey	6562 6066			
MNC Area Health Service (Community Health)	Port Macquarie	6588 2882			
MNC Area Health Service (Community Health)	Wauchope	6585 1133			
Mobile Respite Service	Morton St Port Macquarie	6588 2875	6588 2881		Mobile respite service for carers of elderly people with dementia and/or challenging behaviour in rural and remote areas of MNC.
Palliative Care		6588 2882	6588 2800		Provides nursing care to people with a life threatening illness which includes symptom management and emotional support to clients and their families.
Podiatry		6588 2731			
Quit Smoking		6588 2750			Your local community health centre will post you information to help you quit.
School Screening		6588 2882			Service is for all children beginning school. Children have a half hour appointment to have vision hearing gross and fine motor and speech screening. Operates August to January.
Sexual Assault Service	a/hours	6588 2882			Offers counselling to both children and adults and provides the community with education.
Speech Pathology		6588 2882			For children and adults. Consultation group work home programs school intervention and individual therapy.
Stomaltherapy		6588 2731			Offers support counselling and home visits (pre and post operatively).
Women's Health Nurse	Camden Haven	6559 9003			
Women's Health Nurse	Port Macquarie	6585 2882			
Women's Health Nurse	Wauchope	6585 1133			Confidential appointment/Women's Health Nurse: Clinic for Women: Education on Women's Health. Pap Smear. Breast Checks. Pregnancy Testing and Counselling. Contraception Advice / Counselling. S.T.D. Information. Sexuality Issues. Liaison with General Practitioner as required.
Wound Clinic		6588 2731 6588 2882			

Community Health Centre	Morton St Port Macquarie	6588 2754			Provides a specialised service in wound assessment education dressing selection and doppler examinations in conjunction with medical officers. Appointment is required.
Community Health Centre	CWA Rooms Graham St Kendall	6559 9003			
Community Health Centre	Camden Haven Comm Health	6559 9003			
Community Health Centre	CWA Rooms High St Wauchope	6585 1645			
Alcohol & Drug Information Service		6588 2882 1300 662 263			
Asthma / Respiratory Clinic		6588 2882			24 Hour. Advice information & referral. Offers information advice referral and treatment for persons and their families who are affected by the use of alcohol and other drugs. (Also see the MERIT Program)
Audiometry		6588 2882			Education and support for Asthma / Respiratory Care.
Before School Screening		6588 2882			Hearing assessment and referral service. Provides education on hearing health.
Child Adolescent & Family Counselling		6588 2882			Service is for all children beginning school. Appointment is required for screening. Operates August to January in Port Macquarie
Communicable Diseases		6588 2750			Assessment counselling and referral with children (aged 0-18 yrs.) and their families living in the Hastings area. Initial intake interviews every weekday - 1pm - 5pm.
Community Nursing		6588 2882			Provides information and assessment on issues relating to communicable diseases.
Continence Advisory Service		6588 2731			Provides assessment. wound care. client/carer education and support and referral. 8am-4:30pm Mon.-Fri. with restricted weekend/public holiday service.
Dental Clinic Community Health		1300 651 625			Continence clinics in Wauchope Laurieton Port Macquarie & Kempsey by appt. Management of adult and childhood bladder and bowel problems.
Diabetes Service		6588 2731 6588 2882			
Dietetics / Nutrition Service		6588 2882			Education and support on all aspects of diabetes management diabetics & their families carers community groups and health professionals. Group education dietician appts and Endocrinologist clinics.
Early Childhood Centre		6588 2882			Nutrition/dietary information to hospital patients community clients schools community groups media and other health professionals.
Equipment/PADP		6588 2882 6625 5701			Offers advice and support to parents of children 0-5 yrs. Will make visits to home or hospital.
Family Planning		6588 2731			(Program of Appliances for Disabled Persons) Provides aids for disabled people with specific needs. Service is for cardholders only.
Genetic Counselling		6588 2882			

Hastings Limited Care Dialysis Centre	Community Health Centre	6581 2000			Includes diagnosis information counselling & support. Visiting Geneticist available for consultation every 2 weeks.
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